

**WEIDER®**

*Be natural, eat  
organic*

**BIO**



## LOOKING TO THE FUTURE

With this new bar, Weider's mission is to meet people's concern for consuming sustainable and natural food. It is also Weider's responsibility to ensure high-quality products with a high nutritional value and a healthy origin, while preserving the environment.

Weider's organic product line meet the requirements of the European Union organic and sustainable farming regulations. This results in protein powders and bars of the highest quality and exceptional taste.



Organic farming



Sustainability



High quality ingredients

## WHY CHOOSE BIO BAR?



Natural source of energy



Pleasant texture



No artificial additives



No added sugars



Easy to digest



No GMO

## BIO BAR

### Weider's organic bars

- Organic and sustainable
- No added sugars
- Without additives

**BIO Bar** is made of organic and sustainable ingredients, with the best raw materials you can find on the market. Made especially for you, this product guarantees that the origin and quality of the ingredients are perfectly compatible with your diet.

Its main ingredients are dates, figs, coconut, apricots, and a selected variety of nuts and other ingredients, all from organic farming.

You can find BIO Bar in two different flavours. One with almond and coconut, and the other with dates, quinoa and cashew.

BIO Bar represent a natural source of energy with a satiating effect. It will thus prevent a drop in energy that happens after consuming added sugars contained in most of the bars available on the market. They are your perfect snack to complement a healthy and balanced diet.



**INGREDIENTS\*\*:** date paste (62%)\*, fig paste\*, apricot paste\*, **cashew** nut (5.7%)\* (contains **sesame**), quinoa flakes (5.7%)\*, **sesame** seeds\*, **nuts**\*, cinnamon powder\*, ginger powder\*.

\*From organic farming. Contains naturally occurring sugars.

### PROFESSIONAL ADVICE

**RECOMMENDATIONS:** to take as a source of energy.

**PRESENTATION:** 50 g bar.

**FLAVOURS:** almond and coconut; dates, quinoa and cashew.

Nutrition Facts**	per 100g	per 50g
Energy	1410 kJ / 335 kcal	705 kJ / 167 kcal
Fats	7,9 g	3,9 g
- of which saturated	0,6 g	0,3 g
Carbohydrates	59,5 g	29,7 g
- of which sugars	9,8 g	4,9 g
Proteins	5 g	2,5 g
Salt	0,01 g	<0,01 g

\*\* Information based on "dates, quinoa, cashew" flavor.