

SALTED PEANUT-CARAMEL

VANILLA-CARAMEL

**COOKIES & CREAM** 

## WEIDER

## **60% PROTEIN BAR**

## More Protein than Ever!

- Discover the most delicious protein
- 60% protein
- 4 g of BCAAs in each bar





60% Protein Bar goes a step further and offers the greatest protein percentage contained in a bar, up to 27 grams of protein.

Proteins are essential for the growth and maintenance of muscles. They are vital when you wish to see your muscles develop as well as when you want to tone and define.

Each bar provides 168 kcal and thanks to its excellent nutritional profile, with less than 5 grams of fat and as little as 0,4 grams of sugars per bar. It is ideal for those who are in the definition phase or in a weight-loss diet.

We have filled each bar with 4 grams of branched amino acids (BCAAs) in a 2:1:1 ratio, the optimal clinically tested ratio to build muscle mass. We have also added 2,5 grams of L-Glutamine to boost post-training recovery.

To perfect our exclusive 60% Protein Bar formula, we have added 5 mg of Zinc, an essential mineral for the proper hormonal and antioxidant functions of our body. The 60% Protein bar is free of palm oil and aspartame.

You can take it in the morning to include protein during breakfast, as an in-between meals snack, before heading to the gym or to recover after training.

With its delicious chocolate coating and its fabulous Vanilla-Caramel flavor, the 60% Protein bar will melt in your mouth. Savor every bite of this juicy bar while you cover your protein needs.

INGREDIENTS: Milk Protein<sup>1</sup> (Milk Protein Isolate<sup>1</sup>, Calcium Caseinate<sup>1</sup>, Whey Protein Isolate<sup>1</sup>), Collagen Hydrolysate, Humectant: E422; Cocoa Butter, L-Glutamine, Sweetener: E965; L-Isoleucine, L-Leucine, L-Valine, Cocoa Mass, Rice Flour, Flavouring, Emulsifier: E322 (Soya); Salt, Sweetener: E955; Zinc Gluconate. <sup>1</sup> Contains milk and lactose.

PROFESSIONAL TIPS: Perfecta para cualquier momento del

PRESENTATION: Barrita 45 g

FLAVOR: • Vainilla-Caramelo

• Cookies & Cream

Salted Peanut-Caramel

Nutritional Information	per 45 g
Energy	708 kJ/168 kcal
Fat	4,4 g
- of which sat. fatty Acids	2,3 g
Carbohydrates	7,7 g
- of which Sugars	0,4 g
- of which Polyols	6,8 g
Protein	27 g
Salt	0,27g
Zinc	5 mg (50%*)
L-Glutamine	2500 mg
BCAA's Total	4000 mg
- of wich L-Leucine	2000 mg
- of which L-Isoleucine	1000 mg
- of which L-Valine	1000 mg

<sup>\* %</sup> NRV = Reference Intake of an average Adult.